

South Baddesley CE Primary School: Sex and Relationships Policy

Aims:

Sex and Relationship Education (SRE) is rooted within a comprehensive PSHE programme.

SRE enables young people to **make responsible and well informed decisions** about their lives. It provides help and supports young people through their **physical, emotional and moral development** and enables young people learn to respect themselves and others so that they can move with confidence from childhood through adolescence into adulthood.

This policy is based on DFE Sex and Relationship Education Guidance 2000

Definition:

SRE provides lifelong learning about physical, moral and emotional development. It includes three main elements:

1. Attitudes and Values
2. Personal and Social Skills
3. Knowledge and Understanding

At South Baddesley these elements incorporate the following aspects:

- understanding the value of family life
- discussing the formation of stable and loving relationships
- exploring the concepts of respect, love and care
- learning how to manage emotions and relationships confidently and sensitively
- considering a range of moral dilemmas
- developing critical thinking as part of a decision making process and understanding of healthy choices
- teaching about sex and sexuality. It is not about the promotion of sexual orientation or sexual activity
- learning and understanding physical development at appropriate stages
- learning how to recognise and avoid exploitation and abuse

Family Life:

At South Baddesley we explore the concept of stable family life through an understanding of respectful and loving relationships. We explore what it means to be in a secure and caring relationship and identify this as the building blocks of healthy communities.

Care is taken to ensure that there is no stigmatisation of children based on their home circumstances.

Pupils are given accurate information and helped to develop skills to enable them to understand difference and respect themselves and others and for the purpose also of preventing and removing prejudice.

Sex and relationship education contributes to promoting the spiritual, moral, cultural, mental and physical development of pupils at school and of society and preparing pupils for the opportunities, responsibilities and experiences of adult life.

Sexual orientation:

At South Baddesley adults respond honestly and sensitively with sexual orientation, answer appropriate questions and offer support. There is no direct promotion of sexual orientation.

Bullying related to pupil's appearance, related to sexual orientation or for any other reason is addressed as part of the **South Baddesley Anti-Bullying Policy**.

Provision:

At South Baddesley SRE is part of our PSHE and Science programme starting in year 1.

Year group	Programme of Study
1	Identify and draw parts of the human body.
2	Notice animals including humans have offspring that grow into adults.
3	Identify that humans have skeletons and muscles for support, protection and movement.
4	Describe the basic functions of the digestive system in humans.
5	Describe the process of reproduction in animals/describe the changes as humans develop to old age.
6	Changes in the body related to puberty, such as periods and voice breaking; When these changes are likely to happen and what issues may cause young people anxiety and how they can deal with these. How a baby is conceived and born.

- Alongside this content, pupils in years 1-6 participate in NSPCC workshops aimed at keeping children safe by sharing age-appropriate information.

In preparation for the SRE curriculum in year 6, parents are consulted with in writing and if necessary through personal discussion.

The delivery of the SRE programme in years 5 and 6 is sometimes supported by the school nursing team. Teaching and Learning Resources are reviewed annually prior to the delivery of the programme.

Training and guidance is provided to staff members delivering the programme. Appropriate teaching and learning strategies are used. These include:

- establishing ground rules with their pupils
- knowing how to deal with unexpected questions or comments from pupils
- using discussion and project learning methods and appropriate materials
- encouraging reflection

Parent and Pupil Engagement:

The SRE programme is culturally appropriate and inclusive of all children, this includes children with special educational needs. Consultation with year 6 families enables effective delivery of the programme and takes into account individual needs. When necessary, elements of the programme will be delivered in small groups or individually.

Some pupils are more vulnerable to abuse and exploitation than their peers, and others may be confused about what is acceptable public behaviour. These children are given the necessary support to develop skills to reduce the risks of being abused and exploited, and to learn what sorts of behaviour are, and are not, acceptable.

The SRE programme is published on our school website. Termly curriculum maps provide families with the opportunity to discuss the content of all curriculum areas, including PSHE and SRE.

Through consultation with parents, guidance and support is given to enable parents to:

- teach their children about their bodies, sex and relationships
- maintain the culture and ethos of the family
- help their children cope with the emotional and physical aspects of growing up
- prepare their children for the challenges and responsibilities that sexual maturity brings.

Parents have the right to withdraw their children from all or part of the sex and relationship education provided at school except for those parts included in the statutory National Curriculum. Schools should make alternative arrangements in such cases.

Monitoring and Evaluation:

The Headteacher and governing body have developed this policy in consultation with all staff, pupils and parents. As a consequence this policy reflects the parents' wishes and the community they serve.

This policy is supported by a range of other policies in school:

- Child protection
- Confidentiality
- Behaviour Policy
- Anti-Bullying Policy

This policy is reviewed every three years in line with the requirements of the above policies, national guidance and curriculum content.