

Good morning Tulane!

How are you all getting on? I hope you had a sun filled day yesterday! Thank you so much to the people that are uploading onto learners pool. If it's an activity I have set you it goes into the folder 'completed work'. If there is anything else you would like to share with me, put it into the folder 'excellent extras!' If you haven't uploaded anything yet, have a go at doing it today.

I have left comments on everybody's work if they have been uploaded so you can go into the Learners pool and have a look at the comments I have left for you. I will do this every evening.

Try and start the day with some exercise and fresh air! You could try Joe Wicks or Just Dance.

### Maths

I would like you to go through the next 2 pages of your multiplication and division booklets. Remember not to rush, take the time to draw out models and formal methods to help you.

### Spelling

I would like you to spend the first part of this using a spelling strategy to practice your spellings.

Then I would like you to test how well you know them by covering them and having a go at writing them. Check your answers to see how well you did. Remember, I trust you to do this properly as this will mean you are really helping yourselves to be the best learners you can be.

### Guided Reading

I have recorded the rest of the book for you and it will be on the school website and in Learners Pool. Once you have finished listening I would like you to make a shape book if you can and share it with me on the pool. There are instructions below. I hope you enjoy it!

### Mindfulness Activity

I had a go at doing this out in the sunshine and I felt very calm afterwards, why don't you have a go.

### TENSE AND RELEASE MUSCLE RELAXATION

- Starting at the feet, gently squeeze the muscles in the feet by tightening them, then slowly releasing.
- Next, squeeze the large muscles in the calves for 5 seconds, then gently release. Working your way up the body, squeeze the thigh muscles for 5 seconds then gently release.
- Continue moving up the body for more relaxation.



### Song of the day

Get back up again – Anna Kendrick in Trolls

Play this song and have a go at singing some karaoke!

<https://www.youtube.com/watch?v=Yl5o-dOqg1g>

Remember to take the time to get some fresh air and do something that makes you truly happy today. Try to make the people around you smile today too!

If you have any questions about anything please email me on [l.fairlie@southbaddesley.hants.sch.uk](mailto:l.fairlie@southbaddesley.hants.sch.uk)

Miss Fairlie

# Shape Book

Design a six-page shape booklet that describes your book



## Materials Needed:

- Construction paper
- Crayons
- Scissors
- Fasteners

## Directions:

1. Choose and draw a shape that relates to your book. Cut out six of these shapes.
2. Put the following information on each of the six shapes:
  - Title and author of book
  - Short description of the setting
  - Short description of the problem in the story
  - The most exciting part of the story
  - Description of how the book made you feel
  - A picture of your favorite part of the story
3. Add illustrations, color and details to make it more attractive.
4. Use a fastener to join all the shapes together. Make sure the title is on top.